

# Finding the services you need

## Habilitering & Hälsa (Habilitation and Health)

Stockholms läns landsting (Stockholm County Council)

### Counselling, support and interventions

- Motor training and treatment
- Language and communication training
- Trying out assistive technology
- Cognitive assistive technology
- Special needs education
- Psychosocial support
- Support for family members
- General advice

### Services

- Rehabilitation centre
- Asperger's centre
- Autism centre
- ADHD centre
- UNG (counselling groups for young disabled people)
- Deaf team and Deaf-blind team
- StoCKK (Stockholm Centre for Communicative and Cognitive Support)
- Crisis and discussion centre

Legislation: Health and Medical Services Act (HSL)

Act concerning support and service for persons with certain functional impairments (LSS)

If you are not satisfied with the support that you have received, you can contact the clinic director

## Care

Stockholm County Council and private care providers

- Hospital rehabilitation clinics
- Healthcare centres/family doctors' surgeries/general practitioners
  - Physical illnesses and problems
  - Psychiatric care
- Centre for visually impaired
- Centre for hearing impaired/deafness centre
- Adult psychiatric services (county council clinics, Prima and others)
  - Diagnosis and treatment of mental illness
- Child and adolescent psychiatric services (BUP, Prima and others)
  - Diagnosis and treatment of mental illness in children and adolescents

Legislation: Health and Medical Services Act (HSL)

If you are not satisfied with the support that you have received, you can contact the clinic director or the Patient Board.

[www.1177.se](http://www.1177.se)

## Försäkringskassan

(The Swedish Social Insurance Agency)

- Attendance allowance
- Housing allowance
- Disability allowance
- Activity compensation up to and including the age of 29
- Sickness benefit from the age of 30
- Car allowance and driving licence training
- Carer's allowance
- Care allowance
- Holiday care allowance
- Temporary parents' benefits/contact days
- Extended child allowance

Legislation: Social Insurance Code (Socialförsäkringsbalken)

If you are not satisfied with a decision, you can appeal to the administrative court.

[www.forsakringskassan.se](http://www.forsakringskassan.se)

## Municipality

### LSS measures

- Personal assistance
- Helper service
- Contact person
- Respite service
- Short-term stays
- Short-term supervision
- Day center
- Assisted living

### Assistance under the terms of the Social Services Act (SoL)

- Home help
- Helper service
- Contact family
- Contact person
- Respite service
- Short-term stays
- Financial help
- Living support

Legislation: Act concerning support and service for persons with certain functional impairments (LSS)

If you are not satisfied with a decision, you can appeal to the administrative court.

**Find out more on your local municipality's website.**

## Schools

- Principals are responsible for their schools.
- The municipality or the relevant authority (in the case of independent schools) has overall responsibility for the school system. Find out more on your local municipality's website.
- The Swedish National Agency for Education's information service answers general questions relating to education legislation. [www.skolverket.se](http://www.skolverket.se)
- The Swedish Schools Inspectorate handles reports about problems with teaching and special needs education, among other things. [www.skolinspektionen.se](http://www.skolinspektionen.se)
- The Child and School Student Representative handles reports about discrimination and bullying in schools. [www.skolinspektionen.se/beo](http://www.skolinspektionen.se/beo)
- The National Agency for Special Needs Education and Schools provides special needs education. [www.spsm.se](http://www.spsm.se)

Legislation: Schools Act

The Board of Appeal for Education hears appeals against certain decisions, for example concerning action programmes.